# Chapter HFS 45

#### APPENDIX A

#### FIELD OFFICES OF THE DIVISION OF CHILDREN AND FAMILY SERVICES

The Department of Health and Family Services licenses day care centers through its 5 Division of Children and Family Services field offices. Below are addresses and phone numbers of the field offices and related counties:

## **COUNTIES**

#### **Northeastern Office**

(Green Bay) Suite 411 200 North Jefferson Green Bay, WI 54301–5191 (414) 448–5312

#### **Northern Office**

(Rhinelander) 1853 N. Stevens Street P. O. Box 697 Rhinelander, WI 54501–0697 (715) 365–2500

### **Southeastern Office**

(Waukesha) 141 N.W. Barstow Street Room 209 Waukesha, WI 53188-3789 (414) 521-5100

### **Southern Office**

(Madison) 3601 Memorial Drive Madison, WI 53704–1105 (608) 243–2400

## **Western Office**

(Eau Claire) Suite 3 312 S. Barstow Street Eau Claire, WI 54701–3695 (715) 836–2174 Brown, Calumet, Door, Fond du Lac, Green Lake, Kewaunee, Manitowoc, Marinette, Marquette, Menominee, Oconto, Outagamie, Shawano, Sheboygan, Waupaca, Waushara, Winnebago

Ashland, Bayfield, Florence, Forest, Iron, Langlade, Lincoln, Marathon, Oneida, Portage, Price, Sawyer, Taylor, Vilas, Wood

Jefferson, Kenosha, Milwaukee, Ozaukee, Racine, Walworth, Washington, Waukesha

Adams, Columbia, Crawford, Dane, Dodge, Grant, Green, Iowa, Juneau, Lafayette, Richland, Rock, Sauk

Barron, Buffalo, Burnett, Chippewa, Clark, Douglas, Dunn, Eau Claire, Jackson, LaCrosse, Monroe, Pepin, Pierce, Polk, Rusk, St. Croix, Trempealeau, Vernon, Washburn

# Chapter HFS 45 APPENDIX B

# CHILD CARE FOOD PROGRAM MINIMUM MEAL REQUIREMENTS I. AGES 1–12

	Age 1 & 2	Age 3, 4 & 5	Age 6 up to 12
BREAKFAST			
<ol> <li>Milk</li> <li>Juice<sup>a</sup> or fruit or vegetable</li> <li>Bread or cereal or bread alternate<sup>b</sup>         Bread         Cereal:</li> </ol>	1/2 cup 1/4 cup 1/2 slice	<sup>3</sup> / <sub>4</sub> cup <sup>1</sup> / <sub>2</sub> cup <sup>1</sup> / <sub>2</sub> slice	1 cup  1/2 cup  1 slice
Cold dry Hot cooked	<sup>1</sup> / <sub>4</sub> cup or <sup>1</sup> / <sub>3</sub> oz. <sup>c</sup> <sup>1</sup> / <sub>4</sub> cup	$\frac{1}{3}$ cup or $\frac{1}{2}$ oz. $\frac{1}{4}$ cup	$\frac{3}{4}$ cup or 1 oz. $\frac{1}{2}$ cup
LUNCH OR SUPPER			
1. Milk	$^{1}/_{2}$ cup	$^{3}/_{4}$ cup	1 cup
<ol> <li>Meat or meat alternate:         Meat, poultry, fish, cheese         Egg         Cooked dry beans or peas         Peanut butter or other nut or seed butter         Peanuts or soynuts or tree nuts or seeds</li> <li>Vegetable and/or fruit (at least two)</li> <li>Bread or bread alternate</li> </ol>	1 oz. 1 egg <sup>1</sup> / <sub>4</sub> cup 2 Tbsp <sup>1</sup> / <sub>2</sub> oz. = 50% <sup>d</sup> <sup>1</sup> / <sub>4</sub> cup <sup>1</sup> / <sub>2</sub> slice	1 1/2 cup 1 egg 3/8 cup 3 Tbsp 3/4 oz. = 50%d 1/2 cup 1/2 slice	2 oz. 1 egg <sup>1</sup> / <sub>2</sub> cup 4 Tbsp 1 oz. = 50% <sup>d</sup> <sup>3</sup> / <sub>4</sub> cup 1 slice
SNACK			
<ol> <li>Select two of the following four components:</li> <li>Milk</li> <li>Juice<sup>a</sup> or fruit or vegetable</li> <li>Bread or cereal or bread alternate:<sup>b</sup>         Bread         Cereal: Cold dry         Hot cooked     </li> </ol>	<sup>1</sup> / <sub>2</sub> cup <sup>1</sup> / <sub>2</sub> cup <sup>1</sup> / <sub>2</sub> slice <sup>1</sup> / <sub>4</sub> cup or <sup>1</sup> / <sub>3</sub> oz. <sup>c</sup> <sup>1</sup> / <sub>4</sub> cup	<sup>1</sup> / <sub>2</sub> cup <sup>1</sup> / <sub>2</sub> cup <sup>1</sup> / <sub>2</sub> slice <sup>1</sup> / <sub>3</sub> cup or <sup>1</sup> / <sub>2</sub> oz. <sup>1</sup> / <sub>4</sub> cup	1 cup <sup>3</sup> / <sub>4</sub> cup  1 slice <sup>3</sup> / <sub>4</sub> cup or 1 oz. <sup>1</sup> / <sub>2</sub> cup
4. Meat or meat alternate: Meat, poultry, fish, cheese Egg Cooked dry beans or peas Peanut butter or other nut or seed butter Peanuts or soynuts or tree nuts or seeds	1/ <sub>2</sub> oz. 1/ <sub>2</sub> egg 1/ <sub>8</sub> cup 1 Tbsp 1/ <sub>2</sub> oz.	1/ <sub>2</sub> oz. 1/ <sub>2</sub> egg 1/ <sub>8</sub> cup 1 Tbsp 1/ <sub>2</sub> oz.	1 oz. 1 egg  1/4 cup 2 Tbsp 1 oz.

<sup>&</sup>lt;sup>a</sup> Shall be full strength fruit or vegetable juice.

<sup>&</sup>lt;sup>b</sup> Shall be whole grain or enriched.

<sup>&</sup>lt;sup>c</sup> Either volume (cup) or weight (oz.), whichever is less.

<sup>&</sup>lt;sup>d</sup> No more than 50% of the requirement may be met with nuts or seeds. Nuts and seeds shall be combined with another meat/meat alternate to fulfill the requirement.

## **APPENDIX B – Continued**

# II. INFANT MEAL PATTERN REQUIREMENTS

The infant meal pattern shall contain, as a minimum, each of the following components in the amounts indicated for the specific age group.

Birth Through 3 Months	4 Through 7 Months	8 Through 11 Months
BREAKFAST 4–6 fl. oz. formula <sup>1</sup>	4–8 fl. oz. formula <sup>1</sup> or breast milk 0–3 T. infant cereal <sup>2</sup> (optional)	6–8 fl. oz. formula <sup>1</sup> , breast milk, or whole milk 2–4 T. infant cereal <sup>2</sup> 1–4 T. fruit and/or vegetable
LUNCH OR SUPPER 4–6 fl. oz. formula <sup>1</sup>	4–8 fl. oz. formula <sup>1</sup> or breast milk 0–3 T. infant cereal <sup>2</sup> (optional) 0–3 T. fruit and/or vegetable (optional)	6–8 fl. oz. formula <sup>1</sup> , breast milk or whole milk 2–4 T. infant cereal <sup>2</sup> and/or 1–4 T. meat, fish, poultry, egg yolk, or cooked dry beans or peas, or <sup>1</sup> / <sub>2</sub> –2 oz. cheese or 1–4 oz. cottage cheese, cheese food, or cheese spread 1–4 T. fruit and/or vegetable
SNACK 4–6 fl. oz. formula <sup>1</sup>	4–6 fl. oz. formula <sup>1</sup> or breast milk	2–4 fl. oz. formula <sup>1</sup> , breast milk, whole milk, or fruit juice <sup>3</sup> 0–1/ <sub>2</sub> bread or 0–2 crackers (optional) <sup>4</sup>

<sup>&</sup>lt;sup>1</sup> Shall be iron-fortified infant formula.

For infants four through eleven months, breast milk provided by the infant's mother may be served in place of infant formula. Meals containing only breast milk do not qualify for reimbursement. However, meals containing breast milk may be claimed for reimbursement when the other required or optional meal components are supplied to the infant.

<sup>&</sup>lt;sup>2</sup> Shall be iron-fortified dry infant cereal.

<sup>&</sup>lt;sup>3</sup> Shall be full-strength fruit juice.

<sup>&</sup>lt;sup>4</sup> Shall be from whole-grain or enriched meal or flour.